



NEWSLETTER

July - September 2023



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The Benefits of Emotional Support for Childhood Development:

What is positive emotional support?

Positive emotional support is any verbal or nonverbal actions that demonstrate care and compassion for another person

Constructive emotional support increases a person's ability to cope with their emotions and experiences

Kids should **ONLY** have to tell their story **ONCE**



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WINDSOR ESSEX CHILD/YOUTH ADVOCACY CENTRE



Ways to build emotional attachment with children:

- Reading with your child
- Spending 15 minutes of one-on-one time with your child doing an activity of their choice
- Developing a healthy relationship with others that are involved with your child, such as with their school
- Ensuring you, the caregiver you support
- Positive reinforcement of your child's behaviour and successes
- Meeting a child where they are at and practice the skill of being with during times of dysregulation
- Limit screen time and encourage healthy, safe relationship building with others
- Provide unconditional support and regard to the child



Caregiving isn't easy... It's okay to reach out for support!

Research demonstrates that getting support for yourself as a caregiver enhances positive outcomes for you and for your child.

Windsor-Essex has a large number of free resources available to caregivers, on how they can build attachment and parent positively.

Below are some great organizations that offer resources:

- **Children First**
- **Triple P Parenting Groups**
- **Windsor-Essex Family Network**
- **Connections Early Years Family Centre**
- **Healthy Families Hotline**



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Wellness Kits

WECYAC has been working very hard to ensure that every child/youth that attends WECYAC leaves with a wellness kit that includes items for interim support and comfort. Advocates have been working hard to ensure that each kit is tailored to the child/youth's specific needs and interest.

Thanks to ongoing, loving donations from the Windsor Quilters Guild, WECYAC is able to provide every child that attends WECYAC a handmade quilt to take home with them. Each kit and quilt is given to the child/youth as a acknowledgement of their bravery and strength for coming to WECYAC to share their story.



Please Join WECYAC on October 27th and dress purple to show that you're part of a community that cares for children, youth and families.

On September 15th WECYAC walked with the community and several community partners to take a stand against sexual and gender based violence, shatter the silence and Take Back The Night!

As part of the "Shine the Light on Woman Abuse" Campaign, November 15th is "Wear Purple Day". Please join WECYAC by wearing purple to show your support to the women and girls affected by violence against women

Welcome to our New Advocates!



Farewell to Mckenna Sarafin

Farewell to McKenna, who has been an Advocate for the past year with WECYAC.



Welcome Monica Saunders

We are so excited to have Monica with WECYAC for the next eight months! Monica is a Fourth-Year Bachelor of Social Work student at the University of Windsor.



Welcome Jacqueline Verellen

Jacqueline holds a Bachelor of Psychology, a Bachelor of Music and a diploma in Business. Jacqueline comes from an educational background, having worked at GECDSD as well as being the founder and co-owner of "Verellen Music Academy." Jacqueline is passionate about mental health, music and child wellbeing. Jacqueline is excited to be a part of the WECYAC team and is pleased to be about to assist families, children and youth in connecting with key resources and supports.



WECYAC STATISTICS Quarter 2

July 1st, 2023 - September 30th, 2023

56 CHARGES LAID

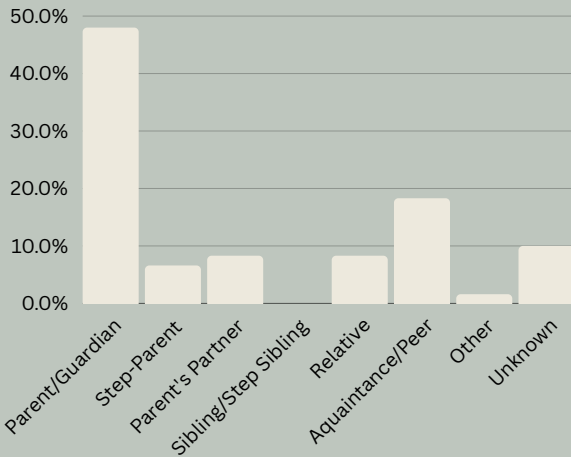
167 Victims & Caregivers Served

Gender of Child/Youth Victims



Female: 68.3% Male: 31.6% Transgender: 1.6%

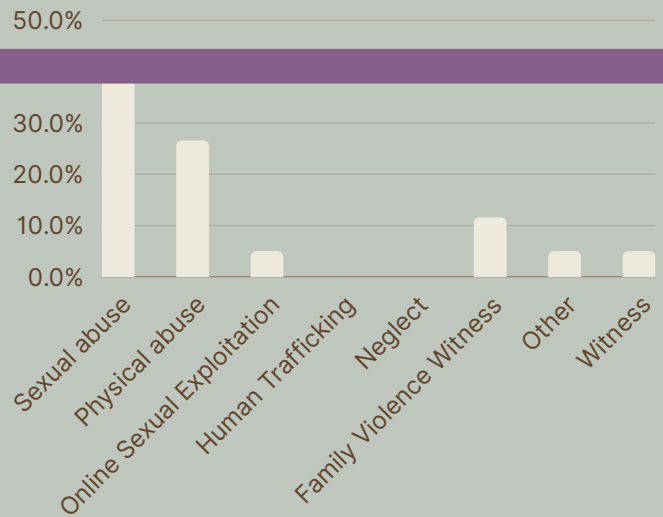
Relationship to Accused



Cases Per Police Force

Windsor Police Service: 38
Windsor Police Service Amherstburg: 5
Ontario Provincial Police: 15
Lasalle Police Service: 2

Type of Abuse



WECYAC acknowledges financial support from



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Ontario Trillium Foundation



Fondation Trillium de l'Ontario



Proud Funded Partner of:
United Way
Centraide
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