



Windsor Essex Child/Youth Advocacy Centre NEWSLETTER



- IN THIS ISSUE:
- What Is A Safe Adult?
 - Annual Giving Campaign
 - Quarterly Statistics
 - Mindfulness Mondays
 - Dress Purple Day

Kids should **ONLY** have to tell their story **ONCE!**

What is a Safe Adult?

By: Sara Harper, BSW Placement Student

A Safe Adult is a go-to person that will create a safe space and open line of communication for a child or youth to share any thoughts or feelings the child may need help to express. Safe Adults can be family members, school teacher, sports coach, or a neighbor. Some conversations a child may want a Safe Adult for includes feelings of situations being unsafe, being hurt, confusing or uncomfortable.

What is the Importance of a Safe Adult?

Children and youth can be vulnerable to situations that make them feel difficult emotions. The child or youth may not understand their feelings and struggle to talk to peers about their feelings. This safe space can help expressing feelings easier to work through as the adult can support the conversation and label emotions. This safe space also gives the Safe Adult an opportunity to look for any signs of abuse.

A Safe Adult is: Thoughtful

A Safe Adult shows consideration or attention for the needs of the child or youth. Being attentive is important when listening to make sure the child or youth knows they are being heard.

Trustworthy

A Safe Adult is reliable, responsible, and can be trusted completely. When a child or youth opens about how they are feeling, it is important to make sure they know the adult can be trusted with the information and will do everything to help them.

Respectful

A Safe Adult shows admiration and consideration regarding the child or youth. When speaking with a Safe Adult, the child or youth should feel validated and safe when sharing hard feelings and emotion. There should not be feelings of judgement during the conversation.

To learn more about how you can be a Safe Adult in a child's life, please contact us at 519-995-3974

Our Vision

A safe, responsive environment providing advocacy and healing to children/youth victims of abuse.

Thank you!

Our 1st Annual Giving Campaign #OnlyOnce was a great success!

Thanks to the generosity of Windsor-Essex county residents, ENWIN Utilities and Your Neighbourhood Credit Union (YNCU), the Windsor Essex Child/Youth Advocacy Centre (WECYAC) raised **\$17,548** to meet increased demand to provide advocacy services to local children and youth who are victims of abuse.

From November 1st to December 28th, 2021, \$5 was donated for every new sign-up on ENWIN's e-bill program. Your Neighbourhood Credit Union matched donations dollar for dollar for the amount of \$5000.

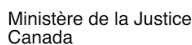
On February 15, 2022 representatives from Enwin Utilities and YNCU presented ceremonial cheques to WECYAC!



From Left to Right:

Robert Spagnuolo ENWIN, Lynda Ware WECYAC,
Nila Das WECYAC, Jack Bartlett YNCU

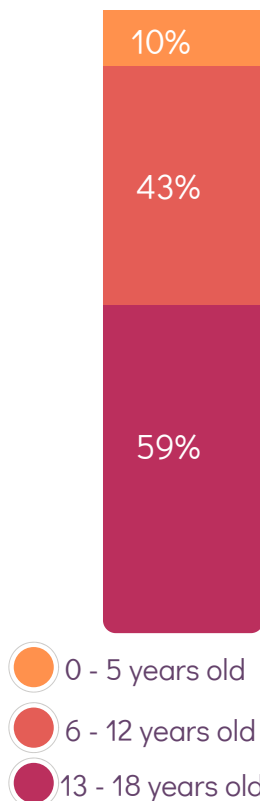
WECYAC acknowledges financial support from:



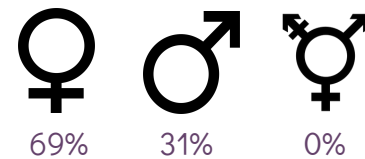
An agency of the Government of Ontario
Un organisme du gouvernement de l'Ontario

Quarterly Statistics

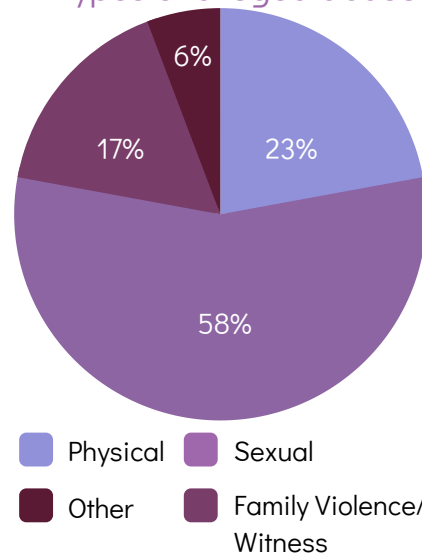
Age of child/youth victims served



Sex of child/youth victims served



Types of alleged abuse



WECYAC Thanks You!

AWARENESS INITIATIVES:

October 27th Dress Purple Day



Mindfulness Mondays

